
**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

SCHEDULE 14A INFORMATION

**Proxy Statement Pursuant to Section 14(a) of the
Securities Exchange Act of 1934**

Filed by the Registrant [X]

Filed by a Party other than the Registrant []

Check the appropriate box:

[] Preliminary Proxy Statement

[] **Confidential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2))**

[] Definitive Proxy Statement

[X] Definitive Additional Materials

[] Soliciting Material under §240.14a-12

Guardion Health Sciences, Inc.

(Name of Registrant as Specified In Its Charter)

(Name of Person(s) Filing Proxy Statement, if other than the Registrant)

Payment of Filing Fee (Check the appropriate box):

[X] No fee required

[] Fee computed on table below per Exchange Act Rules 14a-6(i)(1) and 0-11.

(1) Title of each class of securities to which transaction applies:

(2) Aggregate number of securities to which transaction applies:

(3) Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the filing fee is calculated and state how it was determined):

(4) Proposed maximum aggregate value of transaction:

(5) Total fee paid:

[] Fee paid previously with preliminary materials.

[] Check box if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid previously. Identify the previous filing by registration statement number, or the Form or Schedule and the date of its filing.

(1) Amount Previously Paid:

(2) Form, Schedule or Registration Statement No.:

(3) Filing Party:

(4) Date Filed:

* SPECIMEN *
1 MAIN STREET
ANYWHERE PA 99999-9999

VOTE ON INTERNET

Go to <http://www.vstocktransfer.com/proxy>
and log-on using the below control number.

CONTROL #

VOTE BY MAIL

Mark, sign and date your proxy card and
return it in the envelope we have provided.

VOTE IN PERSON

If you would like to vote in person, please attend the
Annual Meeting to be held at the Residence Inn by
Marriott, 11002 Rancho Carmel Drive, San Diego,
California 92128 on December 5, 2019, at
9:00 a.m., Pacific Time.

Please Vote, Sign, Date and Return Promptly in the Enclosed Envelope.

Annual Meeting Proxy Card - Guardian Health Sciences, Inc.

▼ DETACH PROXY CARD HERE TO VOTE BY MAIL ▼

**THE BOARD OF DIRECTORS RECOMMENDS A VOTE "FOR" ALL NOMINEES LISTED BELOW IN
PROPOSAL 1 AND "FOR" PROPOSALS 2, 3 AND 4.**

(1) Election of Directors:

- FOR ALL NOMINEES LISTED BELOW (except as marked to the contrary below) WITHHOLD AUTHORITY TO VOTE FOR ALL NOMINEES LISTED BELOW

**INSTRUCTION: TO WITHHOLD AUTHORITY TO VOTE FOR ONE OR MORE INDIVIDUAL NOMINEES STRIKE
A LINE THROUGH THE NOMINEES' NAMES BELOW:**

01 Michael Favish 02 Robert Weingarten 03 Mark Goldstone
04 Donald A. Gagliano 05 David W. Evans

(2) To ratify the appointment of Weinberg & Company, P.A. as our independent registered public accounting firm for the fiscal year ending December 31, 2019.

- VOTE FOR VOTE AGAINST ABSTAIN

(3) To amend our certificate of incorporation to increase the number of shares of authorized common stock from 90,000,000 to 250,000,000.

- VOTE FOR VOTE AGAINST ABSTAIN

(4) To grant discretionary authority to our board of directors to (i) amend our certificate of incorporation to combine outstanding shares of our common stock into a lesser number of outstanding shares, or a "reverse stock split," at a specific ratio within a range of no split to a maximum of a one-for-thirty (1-for-30) split, with the exact ratio to be determined by our board of directors in its sole discretion; and (ii) effect the reverse stock split, if at all, within one year of the date the proposal is approved by stockholders.

- VOTE FOR VOTE AGAINST ABSTAIN

Date

Signature

Signature, if held jointly

* SPECIMEN *

AC:ACCT9999

90.00

GUARDION HEALTH SCIENCES, INC.

Annual Meeting of Stockholders

To Be Held on December 5, 2019

Dear Stockholder:

We cordially invite you to attend the Annual Meeting of Stockholders of Guardion Health Sciences, Inc. to be held at the Residence Inn by Marriott, 11002 Rancho Carmel Drive, San Diego, CA 92128, on December 5, 2019 beginning at 9:00 a.m. Pacific Time.

Please read the proxy statement which describes the proposals and presents other important information, and complete, sign and return your proxy promptly.

GUARDION HEALTH SCIENCES, INC.

THIS PROXY IS SOLICITED ON BEHALF OF THE BOARD OF DIRECTORS

The undersigned, revoking all prior proxies, hereby appoints Michael Favish with full power of substitution, as proxy to represent and vote all shares of common stock, par value \$0.001 per share, of Guardion Health Sciences, Inc. (the "Company"), which the undersigned is entitled to vote at the Annual Meeting of the Stockholders of the Company (the "Annual Meeting"), and at any adjournments thereof, to be held on December 5, 2019, at 9:00 a.m. PT at the Residence Inn by Marriott, located at 11002 Rancho Carmel Drive, San Diego, California 92128, upon matters set forth in the Notice of 2019 Annual Meeting of Stockholders and Proxy Statement dated November 6, 2019, a copy of which has been received by the undersigned. Each share of common stock is entitled to one vote. The proxy is further authorized to vote, in his discretion, upon such other business as may properly come before the Annual Meeting.

This proxy, when properly executed, will be voted as directed. If no direction is made, the proxy shall be voted **FOR ALL NOMINEES** in Proposal 1 and **FOR** Proposals 2, 3 and 4.

Please check here if you plan to attend the Annual Meeting of Stockholders on December 5, 2019 at 9:00 a.m. (PT).

If you would like to consent to receiving all future proxy information and materials via e-mail, please check here, and provide your email address below.

Email: _____

(Continued and to be signed on Reverse Side)
