



FOR IMMEDIATE RELEASE

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**P Dee G Stephenson, M.D. joins Guardion Health Sciences
Medical Advisory Board**

San Diego, California – May 2, 2016 – Guardion Health Sciences (GHS), a leading provider of verifiable and validated solutions in the areas of Ocular Health, is delighted to announce that Dr. P Dee Stephenson has joined its Medical Advisory Board.

“We are thrilled that Dr. Stephenson has agreed to join our team of advisors, and we look forward to working with her as we continue to build our position as the Macular Pigment specialists” said Michael Favish, CEO of GHS. “Currently serving as President of the American College of Eye Surgeons (ACES), Dr. Stephenson is also at the forefront of clinical research and studies to evaluate new technology, and passes on her knowledge through lecturing and instruction to ophthalmologists worldwide. We will be working closely with Dr. Stephenson to increase the understanding of the importance of the Macular Pigment, with a specific focus on the premium, refractive cataract patient.”

Dr. Stephenson of Stephenson Eye Associates has been recognized by numerous institutions for her expertise, including being named one of 250 in Premier Surgeon’s list of leading innovators for her contributions to cataract surgery and premium IOL’s, and also in Who’s Who in Ophthalmology. She is at the forefront of research and development in the creation of specialized surgical instrumentation and techniques. Dr. Stephenson is also involved in the development of the next generation of intra-ocular lenses.

Mr. Favish also stated “Patients choosing a premium or elective procedure are well educated on the subject of their ocular health, and highly motivated to obtain and maintain the best outcome from their surgery. Dr. Stephenson is well known for her

patient-centric model of care, and will be a great advocate of GHS's desire to provide patients with the long term post-surgery protective benefits of the Macular Pigment."

About Guardion Health Sciences, Inc.

Guardion Health Sciences, Inc. is a specialty health sciences company that develops, formulates and distributes condition-specific medical foods with an initial medical food product that addresses a depleted macular protective pigment, which is a known risk factor for causing age-related macular degeneration ("AMD"), as well as computer vision syndrome ("CVS"). Guardion Health Sciences, Inc. has also developed a proprietary medical device that accurately measures the macular pigment density.

Guardion Health Sciences, Inc. currently develops and distributes a line of medical foods that restores the macular protective pigment to address AMD and CVS under the brand name Lumega-Z®. Guardion Health Sciences, Inc. is using its own proprietary patent-pending technology embodied in a medical device called the MapcatSF™ that measures the macular pigment. The MapcatSF™ is a patent-pending, non-mydratic, non-invasive device that accurately measures the macular protective pigment density, thereby creating an evidence-based protocol that is shared with the patient

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